



## SIES COLLEGE PAST STUDENTS' ASSOCIATION

{Registered under the Societies Act, 1860-BOM-422/77.

Registered under the Bombay Public Trust Act. 1950-F-4644(Bombay)}

C/o SIES College of Arts, Science and Commerce

Sion (West), Mumbai -400022. Email: [siesascs.psa@gmail.com](mailto:siesascs.psa@gmail.com).

SIES College Past Students' Association as a mission fosters a spirit of adherence towards one's alma mater amidst the present student populace as well as its alumni and to promote the general welfare of the College. We seek to provide social and professional networking opportunities, facilitate, and strengthen the ties between alumni, their alma mater, and the community.

The association have been continuously supporting the institute in various welfare activities during the academic year 2022-23 such as:

- Donated set of computers and printer to Prajnaya Vision Centre on 31<sup>st</sup> January 2023.
- Donated and mounted 6 Fans in the college canteen on 23<sup>rd</sup> December 2022.
- Organised a lecture series along with the Department of Biotechnology in memory of Late Dr. Rajalakshmi Amudan on 21<sup>st</sup> December 2022 by Dr Rucha K Patil. Scientist, Department of Haemostasis and ICMR- National Institute of Thrombosis, Immunohaematology and Dr Laxmi Iyer. Scientific Writer and Senior Executive, Corporate Communication, SERI, Singapore
- Conducted an Inter-collegiate Paper Presentation Competition in collaboration with the Department of Philosophy on 30<sup>th</sup> November 2022.
- Conducted a Blood Donation Drive at Dadar Station and in the College premise in association with SIES NSS Unit as an extension activity on 1<sup>st</sup> October 2022.
- Financially supported the needy students of the college in paying Admission Fees on 10<sup>th</sup> September, 2022.
- Organised Dance with Yoga session in association with the Department of Philosophy, NSS Unit and NCC Unit. The event was led by Ms. Eshita P. Shah, Yoga practitioner to commemorate International Yoga Day on 21<sup>st</sup> June 2022.

We aim at generating funds to facelift Classrooms and carry out extension activities by involving illustrious alumni in delivering lectures, conducting professional development training & fostering academia-industrial collaborative events.

Dr. Kamala Srinivas  
PSA Secretary

*SIES Past Students' Association report 2022-23*



Principal  
SIES College of Arts, Science & Commerce (Autonomous)  
Sion (West), Mumbai - 400 022.

## Reports

**Title:** Donation of computers and printer to Prajnaya Vision Centre, and Fans in the canteen

**Objective:** To donate a set of computers and printers to Prajnaya Vision Centre

**Day & Date:** 31<sup>st</sup> January 2023

**Time:** 10:00 am

**Venue:** Prajnaya Vision Centre, Library, SIES College of Arts, Science and Commerce

**Beneficiaries:** Visually Challenged students



**Installation of computers and printer to Prajnaya Vision Centre by SIES PSA Managing Council Member and Mr. Vinod Menon, Vice Principal**



**Fans Installed in the college canteen, donated by SIES PSA**

*Kamala*

Dr. Kamala Srinivas

*SIES Past Students ' Association report 2022-23*



*Ana*  
Principal  
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Sion (West), Mumbai - 400 022.

**Title:** Dr. Rajalakshmi Amudan Lecture Series 2022-23

**Objectives:** The main aim of this lecture series is to introduce participants to the:

1. Career in Research with special focus on Haemophilia - the disease, genetics, diagnosis and counselling
2. Career in Scientific writing
3. Procedures & criteria before applying in foreign universities
4. Concept of Biotechnology through scientific exhibition

**Venue:** Mini-auditorium, Ground Floor & Biotechnology UG/PG Laboratory, Fourth Floor

**Details of Sessions:** The session was held on 21st Dec, 2022 from 9.30 am to 3.30 pm

**Beneficiaries:** 120 Under-graduate, Post-graduate students and Alumni

**Session and names of Resource Persons:**

1. Dr. Rucha K Patil
2. Dr. Laxmi Iyer
3. Ms. Rashmi Konar, Director, International Office, Leverage Edu
4. Scientific Exhibition by Biotechnology Students

**Outcome:** The feedback of participants stated that they found the lectures to be very helpful and informative. The exhibition was stated to be exciting and well-presented.



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Details of Resource person:

1. Dr. Rucha K Patil is currently working as Scientist C, Department of Haemostasis and Thrombosis, ICMR-NIIH, ICMR Ministry of Health and Family Welfare, Government of India, Mumbai. Her expertise lies in the area of haemostasis and thrombosis and cell derived microparticles. She completed her PhD in Applied Biology from ICMR-NIIH, University of Mumbai. She is a recipient of INSA Young Scientist Award in the year 2017. She has more than 35 publications in peer-reviewed journals.

2. Dr. Laxmi Iyer presently works as a Scientific Writer and Senior Executive, Corporate Communications, Singapore Eye Research Institute (SERI), Singapore. She is a PhD holder in virology from Nanyang Technological University, Singapore. She is co-founder of a media company Biotech Media Pvt Ltd, Singapore and ran a website [www.biotechniasia.com](http://www.biotechniasia.com) for 7 years as Managing Editor. She has several publications in journals of national and international repute.


3. Ms. Rashmi Konar, Director, International Office, Leverage Edu, an expert on diverse procedures of getting into foreign universities in the USA, UK, Canada, Australia and Europe.

4. Scientific Exhibition by Biotechnology Students on topics including food adulteration, Animal Tissue Culture, Plant Tissue Culture, Phagocytosis, Ouchterlony, Electrophoresis, Giant chromosome, Bioluminescence, Western Blotting, TLC, PCR, Sucrose Density Gradient, DNA isolation and NGS.



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Annexure I:


**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)**  
**SION (WEST)**  
**DEPARTMENT OF BIOTECHNOLOGY**  
**ATTENDANCE SHEET**

**TITLE:** Dr. Rajalakshmi Amudan Lecture Series 2022-23  
**VENUE:** Mini Auditorium, Ground floor, SIES College of Arts, Science and Commerce (Autonomous), Sion (W)  
**DATE & TIME:** 21st Dec, 2022 (9.45 AM)  
**SPEAKER:** Dr. Rucha K Patil and Dr. Laxmi Iyer  
**ORGANISED BY:** Department of Biotechnology, SIES College and SIES College PSA

| Sr. No. | Class  | College / Department / Affiliation | Name                  | Signature |
|---------|--------|------------------------------------|-----------------------|-----------|
| 1       | SYBT   | BT                                 | Hritvik. Rai          |           |
| 2       | SYBT   | BT                                 | Aneesh Gasud          |           |
| 3       | SYBT   | BT                                 | Rakshanda. M          |           |
| 4       | SYBT   | BT                                 | Shreshtha. S          |           |
| 5       | SYBT   | BT                                 | Suraj. M              |           |
| 6       | FYBT   | BT                                 | Ann. M                |           |
| 7.      | FYBT   | BT                                 | Anmol Gurnant Mahajan |           |
| 8.      | FVBSC  | BT                                 | Oshini. Nitraware     |           |
| 9.      | FVBSC  | BT                                 | Yashraj Nimankar      |           |
| 10.     | FVBSC  | BT                                 | Varsha Kurdia         |           |
| 11.     | FVBSC  | BT                                 | Lohit. Sakuraj        |           |
| 12      | MSc-I  | BT                                 | Meenakshi Nair        |           |
| 13.     | MSc-I  | BT                                 | Jyothika. Murugan     |           |
| 14.     | MSc I  | BT                                 | Riya Mariam Shuboo    |           |
| 15      | MSc II | BT                                 | Tejal Anandika Dume   |           |
| 16      | MSc-I  | BT                                 | Rishikesh Kasa        |           |
| 17      | MSc-I  | BT                                 | Siddhanta M           |           |



  
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 Commerce (Autonomous)  
 Sion (West), Mumbai - 400 022.

|    |          |     |                                    |                |
|----|----------|-----|------------------------------------|----------------|
| 18 | MSc I    | BT  | Ali Ahmed Suleen<br>Aaliya Boukay. | Roskae<br>Vish |
| 19 | MSc I    | BT  | Yash Sawant                        | Ahiana         |
| 20 | MSc I    | BT  | Dervice Fernandes.                 | Bela           |
| 21 | MSc I    | BT  | Banupriya S. Tyer                  | Shreelika      |
| 22 | SYBT     | BT  | Niveditha Narayanan                | Ashish         |
| 23 | MSc I    | GT  | Talhan Amalul                      | Ashish         |
| 24 | MSc I    | EV5 | Suvarnavo Pulit                    | Wish           |
| 25 | SYBT     | BT  | Miral Chondaria                    | Polite         |
| 26 | SYBT     | BT  | Polite Pam                         | Anaa.          |
| 27 | SYBT     | BT  | Sanaa Sayed                        | Krishna Polite |
| 28 | TYBT-293 | BT  | Krishna Polite                     | Yash           |
| 29 | TYBT-19  | BT  | Yusra Khan                         | AU.            |
| 30 | TYBT-12  | BT  | Anushe. Gafeli                     | Sh             |
| 31 | FYBT     | BT  | Shruti. Tiwari                     | Zeha           |
| 32 | FYBT     | BT  | Zeha. Shah.                        | Shruti.        |
| 33 | FYBT.    | BT  | Gopika PP Bijomon                  | Shruti.        |
| 34 | SYBT     | BT  | Devika Rajeevan                    | Shruti.        |
| 35 | SYBT     | BT  | Mahitha Maui                       | Shruti.        |
| 36 | SYBT     | BT  | Shruti. Sagare                     | Shruti.        |
| 37 | SYBT     | BT  | GIZELLE SANCHEZ                    | Shruti.        |
| 38 | FYBT     | BT  | THEJASREE RAMSANKAR                | Shruti.        |
| 39 | FYBT     | BT  | Ashish Acharya                     | Shruti.        |
| 40 | TYBT     | BT  | Manisha Samj                       | Shruti.        |
| 41 | TYBT     | BT  | Syed Mahwash Fatima                | Shruti.        |
| 42 | TYBT     | BT  | Vaishnavi Mohalingam               | Shruti.        |
| 43 | TYBT     | BT  | shruti chauhan                     | Shruti.        |
| 44 | FYBT     | BT  | Trisha Shilke                      | Shruti.        |
| 45 | FYBT     | BT  | Aditi Chachal                      | Shruti.        |
| 46 | FYBT     | BT  | Anya Sarawane                      | Shruti.        |
| 47 | FY SYBT  | BT  |                                    | Shruti.        |



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|    |      |    |                     |             |
|----|------|----|---------------------|-------------|
| 48 | FYBT | BT | SHREYA S. GUPTA     | Shreya      |
| 49 | FYBT | BT | Indasi              | Indasi      |
| 50 | FY   | BT | Harman              | Harman      |
| 51 | FY   | BT | Rijya               | Rijya       |
| 52 | SYBT | BT | Jaswika Shetty      | Jaswika     |
| 53 | SVBT | BT | Alba                | Alba        |
| 54 | SVBT | BT | Medha Jeyu          | Medha       |
| 55 | SVBT | BT | Ashika Acharya      | Ashika      |
| 56 | SVBT | BT | Ananya Prasad       | Ananya      |
| 57 | SVBT | BT | Ashwin Lakshmanan   | Ashwin      |
| 58 | SVBT | BT | Esha Prasad         | Esha        |
| 59 | SVBT | BT | Durga Mohit Adilkar | Durga       |
| 60 | SVBT | BT | Komal Yelaram       | Komal       |
| 61 | SVBT | BT | Gyan D'Souza        | Gyan        |
| 62 | SVBT | BT | ? Jinal Shethia     | Jinal       |
| 63 | SVBT | BT | Sonakuti Kokate     | Sonakuti    |
| 64 | SVBT | BT | Sankar Shetty       | Sankar      |
| 65 | TYBT | BT | Gauri Jage          | Gauri       |
| 66 | TYBT | BT | Divya Zope          | Divya       |
| 67 | TYBT | BT | Tisha Puthran       | Tisha       |
| 68 | TYBT | BT | Shruti Parmar       | Shruti      |
| 69 | TYBT | BT | Daksh Ghoshal       | Daksh       |
| 70 | TYBT | BT | Bhavit Mashru       | Bhavit      |
| 80 | TYBT | BT | Mamta Patel         | Mamta       |
| 81 | TYBT | BT | Alia Jain           | Alia        |
| 92 | TYBT | BT | RAHIL ANSARI        | Rahil       |
| 93 | TYBT | BT | Abhishek Elanga     | Abhishek    |
| 84 | FYBT | BT | Vinay S. Phadkar    | Vinay       |
| 85 | FYBT | BT | Parameshwar Tiwar   | Parameshwar |
| 86 | FYBT | BT | Divya P. Lambhate   | Divya P.    |

SIES Past Students ' Association report 2022-23



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|     |            |                          |                     |      |
|-----|------------|--------------------------|---------------------|------|
| 87  | TYBSc      | BT                       | Aarsha Joras        | Hydr |
| 88  | FYBSc      | BT                       | Meha Nair           | Hydr |
| 89  | TYBSc      | BT                       | Nayana Karkare      | Hydr |
| 90  | FYBSc      | BT                       | Uaima Anand         | Hydr |
| 91  | TYBSc      | BT                       | Niha Ganpat         | Hydr |
| 92  | TYBSc      | BT                       | Manika Sawant       | Hydr |
| 93  | TYBSc      | BT                       | Pooja Joshi         | Hydr |
| 94  | TYBSc      | BT                       | Abili Rao           | Hydr |
| 95  | TYBSc      | BT                       | Jayna Chavhan       | Hydr |
| 96  | TYBSc      | BT                       | Shandila Bherade    | Hydr |
| 97  | TYBSc      | BT                       | Amisha Bhalke       | Hydr |
| 98  | TYBSc      | Zoology                  | Tohara Joshi        | Hydr |
| 99  | TYBSc      | Zoology                  | Arijali Nadar       | Hydr |
| 100 | -          | Ph.D. in<br>Microbiology | Rangana Jeyaraj     | Hydr |
| 101 | -          | Ph.D. in<br>Microbiology | Ujjwal S. Shetty    | Hydr |
| 102 | -          | Ph.D. in<br>Microbiology | Prachi Kulkarni     | Hydr |
| 103 | -          | Ph.D. in<br>Microbiology | Sruha Sankar        | Hydr |
| 104 | Alumni     | Ph.D. in<br>Microbiology | Rangana Jeyaraj     | Hydr |
| 105 | Alumni     | Ph.D. in<br>Microbiology | Prachi S. Shetty    | Hydr |
| 106 | Alumni     | Ph.D. in<br>Microbiology | Vignesh K. Mudliyar | Hydr |
| 107 | MSc BT     | BT                       | Adal Rajput         | Hydr |
| 108 | MSc BT     | BT                       | Yashwanth           | Hydr |
| 109 | Alumni     | Ph.D. in<br>Microbiology | Shilpa Sinadai      | Hydr |
| 110 | MSc BT     | BT                       | Sakshi Mishra       | Hydr |
| 111 | MSc BT-I   | BT                       | Santo Rao           | Hydr |
| 112 | PhD BT     | Food Technology          | Aditya Shetty       | Hydr |
| 113 | TYBSc      | BT                       | Udit Shetty         | Hydr |
| 114 | TYBSc      | BT                       | Poojitha Kulkarni   | Hydr |
| 115 | FYBSc      | BT                       | Khushi Bhatnagar    | Hydr |
| 116 | FYBSc (BT) | BT                       | Shachi L. Nair      | Hydr |

|     |        |    |                       |      |
|-----|--------|----|-----------------------|------|
| 117 | MSc BT | BT | Chandrasekhar Chavhan | Hydr |
| 118 | MSc BT | BT | Shachi Kulkarni       | Hydr |
| 119 | MSc BT | BT | Tanushree T. Mandale  | Hydr |
| 120 | MSc BT | BT | Poojitha Kulkarni     | Hydr |



*Shachi*

SIES Past Students' Association report 2022-23

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**Annexure II: Photographs**



**Inaugural session and invited speaker's talk**

*SIES Past Students ' Association report 2022-23*



*live*  
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Slon (West), Mumbai - 400 022.





**Title of the Workshop/Activity: Inter- Collegiate Paper Presentation Competition**

Background: To provide for a platform to the students to speak their views and perspectives.

Aim/Objective: Providing for a space that helps students engage with wide aspects of life.

Location: SIES College Auditorium, Sion (W)

Resource person : Department of Philosophy

Target Audience/Participants with expected number: Students across various colleges. 40

Date of the Event: 30th November, 2022


Outcome: The audience as well as the judges gained new perspectives, visions, and ideas making the main motive of the event successful.

Funding if any: **SIES Past Students' Association**

**Details of the event:**

The Inter-Collegiate Paper Presentation Competition consisted of four sub-themes under the Main theme of "Meaningfulness in Life from an Asian Philosophical Perspective", namely, 'Knowing Thyself, The Greatest Treasure in One's Life, "The Power of Holistic thinking' and, 'Understanding the Other's Mind'. There were a total number of 13 participants present on the day. The event proceeded with only seven participants being called on the stage initially and presenting their respective paper. These included papers on Buddhism, Bhagavad Gita, Japanese philosophy on Ikigai and Chinese philosophy of Taoism. Each participant had a unique take in their paper that gave the audience an outlook to new perspectives and ideas.



  
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**Event Flyer:**



SIES College of Arts, Science & Commerce (Autonomous)  
Sion (W), Mumbai- 400022

Tattvam Philosophy Association  
**Presents**  
Inter-collegiate Paper  
Presentation Competition  
**To commemorate**  
**"WORLD PHILOSOPHY DAY"**

Theme: Meaningfulness in life from an  
Asian Philosophical perspective

- Abstract Submission Date: 18th November 2022
- Event Date: 30th of November 2022
- Venue : SIES College Auditorium, Sion (W)

**Annexure II:**

*Intercollegiate Paper Presentation Competition for Students (Participant Audience)*

022. SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
SION (WEST), MUMBAI - 400 022 (Autonomous)

ATTENDANCE SHEET

Date: \_\_\_\_\_ Day: \_\_\_\_\_ Subject: \_\_\_\_\_

| Roll No. | Signature   | Roll No. | Signature | Roll No. | Signature |
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| 3        | [Signature] | 26       |           | 29       |           |
| 4        | [Signature] | 27       |           | 30       |           |
| 5        | [Signature] | 28       |           | 31       |           |
| 6        | [Signature] | 29       |           | 32       |           |
| 7        | [Signature] | 30       |           | 33       |           |
| 8        | [Signature] | 31       |           | 34       |           |
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| 16       | [Signature] | 39       |           | 42       |           |
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| 18       | [Signature] | 41       |           | 44       |           |
| 19       | [Signature] | 42       |           | 45       |           |
| 20       | [Signature] | 43       |           | 46       |           |
| 21       | [Signature] | 44       |           | 47       |           |
| 22       | [Signature] | 45       |           | 48       |           |
| 23       | [Signature] | 46       |           | 49       |           |
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| 25       | [Signature] | 48       |           | 51       |           |
| 26       | [Signature] | 49       |           | 52       |           |
| 27       | [Signature] | 50       |           | 53       |           |
| 28       | [Signature] | 51       |           | 54       |           |
| 29       | [Signature] | 52       |           | 55       |           |
| 30       | [Signature] | 53       |           | 56       |           |
| 31       | [Signature] | 54       |           | 57       |           |
| 32       | [Signature] | 55       |           | 58       |           |

*Intercollegiate Paper Presentation Competition for Students (Participant Audience)*

022. SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
SION (WEST), MUMBAI - 400 022 (Autonomous)

ATTENDANCE SHEET

Date: \_\_\_\_\_ Day: \_\_\_\_\_ Subject: \_\_\_\_\_

| Roll No. | Signature   | Roll No. | Signature | Roll No. | Signature |
|----------|-------------|----------|-----------|----------|-----------|
| 1        | [Signature] | 34       |           | 37       |           |
| 2        | [Signature] | 35       |           | 38       |           |
| 3        | [Signature] | 36       |           | 39       |           |
| 4        | [Signature] | 37       |           | 40       |           |
| 5        | [Signature] | 38       |           | 41       |           |
| 6        | [Signature] | 39       |           | 42       |           |
| 7        | [Signature] | 40       |           | 43       |           |
| 8        | [Signature] | 41       |           | 44       |           |
| 9        | [Signature] | 42       |           | 45       |           |
| 10       | [Signature] | 43       |           | 46       |           |
| 11       | [Signature] | 44       |           | 47       |           |
| 12       | [Signature] | 45       |           | 48       |           |
| 13       | [Signature] | 46       |           | 49       |           |
| 14       | [Signature] | 47       |           | 50       |           |
| 15       | [Signature] | 48       |           | 51       |           |
| 16       | [Signature] | 49       |           | 52       |           |
| 17       | [Signature] | 50       |           | 53       |           |
| 18       | [Signature] | 51       |           | 54       |           |
| 19       | [Signature] | 52       |           | 55       |           |
| 20       | [Signature] | 53       |           | 56       |           |
| 21       | [Signature] | 54       |           | 57       |           |
| 22       | [Signature] | 55       |           | 58       |           |
| 23       | [Signature] | 56       |           | 59       |           |
| 24       | [Signature] | 57       |           | 60       |           |
| 25       | [Signature] | 58       |           | 61       |           |
| 26       | [Signature] | 59       |           | 62       |           |
| 27       | [Signature] | 60       |           | 63       |           |
| 28       | [Signature] | 61       |           | 64       |           |
| 29       | [Signature] | 62       |           | 65       |           |
| 30       | [Signature] | 63       |           | 66       |           |
| 31       | [Signature] | 64       |           | 67       |           |
| 32       | [Signature] | 65       |           | 68       |           |

SIES Past Students ' Association report 2022-23

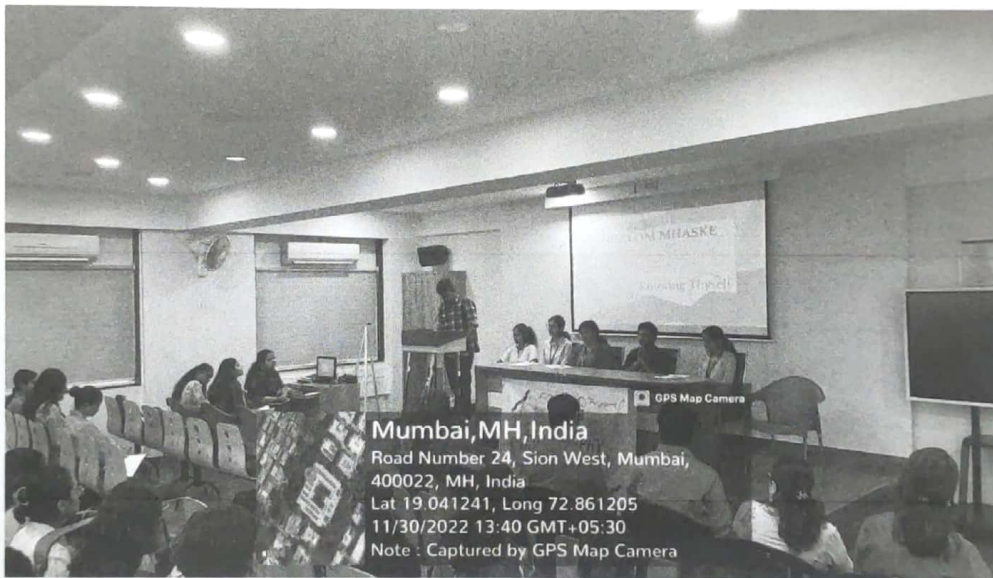


*[Signature]*  
Principal  
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Commerce (Autonomous)  
Sion (West), Mumbai - 400 022.

Annexure III: Photographs



Principal and Head of Department of Philosophy, Dr. Uma Shankar, Dr. Kamala Srinivas and Chairperson of Tattvam Philosophy Association, Prof. Vrushali Gupte, and Prof. Neerja Israni along with External Judges Dr. Sudhindra Maganahalli, and, Mr. Saurabh Rajputh



*Kamala*

Dr. Kamala Srinivas  
PSA Secretary



*Uma*  
Principal  
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Sion (West), Mumbai - 400 022.

~~PSA Secretary~~

**Title:** Blood Donation Drive at Dadar Station and in the College premise in association with SIES NSS Unit as an extension activity

**Objective:** To organize a blood donation drive at Dadar station and in the college premise in association with SIES NSS Unit as an extension activity

**Day & Date:** 1<sup>st</sup> October 2022

**Time:** 10:00 am

**Venue:** Dadar station and SIES College of Arts, Science and Commerce



*Kamala*

Dr. Kamala Srinivas  
PSA Secretary



*Principal*  
Principal  
SIES College of Arts, Science &  
Commerce (Autonomous)  
Slon (West), Mumbai - 400 022.



**Title of the Workshop/Activity:** International Yoga Day -Dance with Yoga

**Background:** Generating an awareness about yoga and its various benefits. To make International Yoga Day a more accessible event for all.

**Aims/Objectives:** To incorporate yoga along with dance and show fluidity of movement

**Location:** Gymkhana & Quadrangle, SIES College of Arts, Science & Commerce (Autonomous)

**Target audience/participants with expected number:** Degree college students = 50

**Date of the activity:** 21st June, 2022, Wednesday

**Name of Resource Person:** Ms. Eshita Shah

**Outcome:**

- *Dance with Yoga* - workshop was held to help students reduce anxiety levels, increase body awareness, build flexibility, and stabilise physical health.
- Since dancing poses extremely unique demands on one's body, a special yoga routine can help take care of all our recovery needs was the motto of this workshop.

**Funding if any:** SIES PSA, NSS

**Report:**

The Tattvam Philosophy Association, jointly with the SIES Past Students' Association, NCC and NSS units, organized a workshop '*Dance with Yoga*' on theme being 'Yoga for Humanity' to commemorate the International Yoga Day on 21st June, 2022.

The program began with greetings and welcome by Ms. Vrushali Gupte, Chairperson, Tattvam Association, proceeded by the lighting of the lamp at the hands of dignitaries -Dr. Uma Maheswari Shankar, Principal & Head, Department of Philosophy, Vice Principal Rashmi Bhure, Mr. K. Vishwanathan, President, SIES Past student's Association. Dr. Uma Shankar addressed the audience and spoke about the significance of Yoga and Yoga Divas. Ms. Eshita Shah the resource person for the workshop and Dr. D.K. Pawar, NCC Program officer, SIES, introduced the resource person. Ms. Eshita then presented a brief talk on Yoga asanas and their relevance, especially in the post pandemic times. She gave her performance of Nrutya Yoga- a compilation of different yoga postures like Chandrasana, Vrikshasana etc in a dance format and later made the participants do the same.

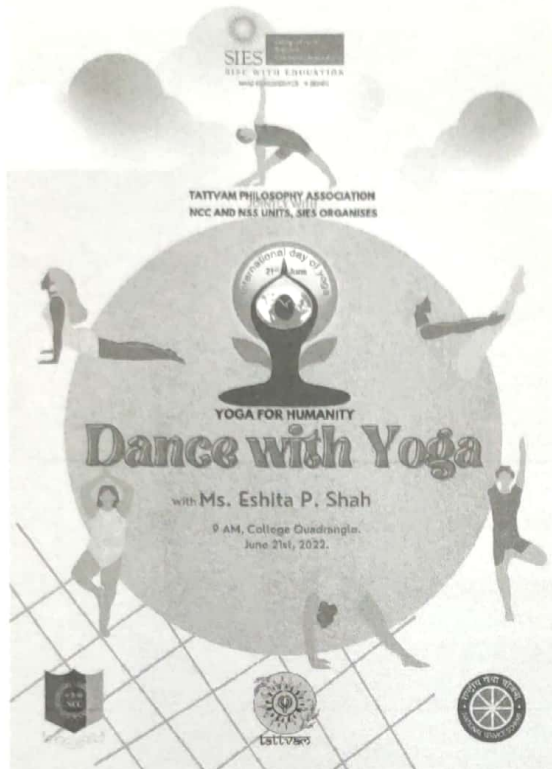
Mr. Krishnan, Joint Program Officer NSS unit, SIES, presented the formal vote of thanks. The entire program was covered and documented in the press, thereby making it a grand success.

*SIES Past Students ' Association report 2022-23*



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Principal  
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**Event Flyer:**



**Annexure 1: Attendance Sheet**

International Yoga Day  
DANCE WITH YOGA  
SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE  
SIES WEST, MUMBAI - 400 022  
TATTVAM, NKS, NCC  
ATTENDANCE SHEET

Date: 21st June, 2022 Time: \_\_\_\_\_ Subject: \_\_\_\_\_

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Annexure 2: Photos of the event



Participants practising an Asana in the Gymkhana and Quadrangle



Students and Staff members 'along with the organizing bodies SIES PSA, NCC & NSS

*Kamala*

Dr. Kamala Srinivas  
PSA Secretary



*Shivan*

Principal  
SIES College of Arts, Science &  
Commerce (Autonomous)  
Sion (West), Mumbai - 400 022.